

## **PE and Sport Premium 2020-21**

### Rationale:

At St. Bede's we believe that Physical Education, Sport and Physical Activity (PESPA) has the power to be used as a vehicle to improve all aspects of school life. We strive to produce physically literate children, who have the knowledge, skills and motivation needed to keep active every day. After previous lockdowns, and the on-going covid situation, we recognise that the children's physical and mental health need additional support.

St. Bede's provides an inclusive, engaging programme of high quality Physical Education, which is vital part of a child's holistic, personal development. Children will experience a wide range of carefully planned sporting activities. During learning, all children are encouraged to develop leadership skills through pairs, group or whole class settings. We aspire to ensure that children enjoy PE, which will then help us to raise participation levels both in and out of school and therefore in turn, promote healthy lifestyles.

We seek to deliver high quality PE and sports teaching in both curriculum and after school clubs. There will be the opportunity for all to compete, whether against themselves for personal best performances; or in a team sport through District and County competitions. We aim to establish that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.

PE and Sport experiences can develop the personal discipline and determination to succeed, the resilience to keep going and respond positively to adversity, the self-confidence to play with creativity, and leadership skills to communicate messages clearly and collaboratively in a team. These skills cannot simply be read and rehearsed.

As a school, we are committed to using the Sport Premium to develop and add to Physical Education, Sport and Physical Activity opportunities for our children. We intend to build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years. St. Bede's will raise the profile of the subject by celebrating each other's individual and team achievements, then using these as an inspiration for others.

Sports has the ability to provide the tools for success in all aspects of school life and therefore bring about whole school improvement. We passionately believe that sport can change lives.

# St. Bede's RC Primary PE & Sports Premium 2020/21

Academic Year : September 2020 – March 2021

Carry Over Funding - £3367

Date Updated – 19/3/21

- *Key Indicators Focus:* Engagement of all pupils in regular physical activity- 60 minutes a day, of which 30 minutes should be in school, The profile of PE and sport being raised across the school as a tool for whole school improvement, Broader experience of a range of sports and activities offered to pupils.

Intent	Implementation		Impact	
Objective	Actions to Achieve	Carry Over Funding Allocated	Outcome	Sustainability
<ul style="list-style-type: none"> <li>• To provide a broader experience of a range of sports and activities offered to pupils and support pupils re-engagement with school.</li> <li>• Engagement of all pupils in regular physical activity- 60 minutes a day, of which 30</li> </ul>	Buy additional Y4 Quicksticks kit	£510	Both Y3 & Y4 could access Quicksticks sessions simultaneously without covid risk. More children experiencing a range of sports safely.	New resources will be used by children in the future.
	Develop activity breaks within the classroom by subscribing to Jump Start Jonny. Fantastic for 'energizers' and 'chillouts'.	£262	Children will be provided with the opportunity to stay active within the classroom during the school day. Jump Start Jonny 'energizers' will help children to be more alert and able to process	Children will notice the positive impact of exercise on their body during learning and consequently take more responsibility in the future

<p>minutes should be in school.</p>	<p>Engage children and parents in Travel to Tokyo Initiative (30 minutes activity in school and 30 minutes after school daily). Set up Whole School Launch &amp; provide good practice handouts. Purchase Home/School Active Balls/activity equipment.</p>	<p>£96</p>	<p>new learning. Meanwhile, the 'chillouts' will promote calm and positive mental health where necessary.</p> <p>Parents and school take collective responsibility for their children's health and fitness.</p>	<p>for their physical and mental health.</p> <p>Parents keep fit with their children promoting healthy lifestyles for the future.</p>
	<p>Develop Infant Active Lunch/Play – Train Lunchtime supervisors and Young Play Leaders. Purchase a variety of new stimulating active play resources.</p>	<p>£2180</p>	<p>The lunchtime supervisors and young sports leaders will acquire the knowledge and skills to promote active play at break at lunchtimes. The infant yard will contain a variety of new stimulating resources and activities.</p>	<p>Lunchtime supervisors and Play Leaders will develop and encourage pupils to use skills taught. This will ensure that Infant children will continue with healthy, active lifestyles during lunch and break sessions. Lunchtime supervisors and Play Leaders will receive further training in the future so they have more ideas to disseminate for active play.</p>

<ul style="list-style-type: none"> <li>The profile of PE and sport being raised across the school as a tool for whole school improvement</li> </ul>	<p>Liaise with representatives from Newcastle Eagles Healthy Living Roadshow.</p>	<p>£320</p>	<p>Professional sportsmen and sportswomen have delivered eloquent healthy lifestyle messages that have inspired our children to live them out. The immediate uptake in basketball both within school and community link clubs rose sharply.</p>	<p>Children who have attended lessons/ assemblies have their future sporting aspirations raised alongside their self-belief. They are encouraged to dream and be ambitious.</p>
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# St. Bede's RC Primary PE & Sports Premium 2020/21

Total number of primary aged pupils between the ages of 5-11 = 176

Total amount of Sport Premium Grant received = £17 760      Total amount Spent £10 948      Carry Over - £6812

Intent	Implementation		Impact	
Objective	Actions to Achieve	Funding Allocated	Outcome	Sustainability
Engagement of all pupils in regular physical activity – 60 minutes a day, of which 30 minutes should be in school	<ul style="list-style-type: none"> <li>Develop Junior Active Lunch/Play – Train Lunchtime supervisors and Young Play Leaders. Purchase a variety of new stimulating active play resources.</li> </ul>	£1950	The lunchtime supervisors and young sports leaders will acquire the knowledge and skills to promote active play at break and lunchtimes. The junior yard will be full of a variety of new stimulating resources and activities.	Lunchtime supervisors and Play Leaders will develop and encourage pupils to use skills taught. This will ensure that all children will continue with healthy, active lifestyles during lunch and break sessions. Lunchtime supervisors and Play Leaders will receive further training in the future so they have more ideas to disseminate for active play.
	<ul style="list-style-type: none"> <li>Develop short activity burst breaks outside of the classroom with the introduction of the Daily Mile. Brief staff on organisation of Daily Mile activities and rationale behind</li> </ul>	£100	Children develop their stamina, engage with the seasons and take more responsibility for their health and well-being.	A well organised and effective Daily Mile that produces positive health and well-being outcomes will be maintained so

	<p>initiative. Construct a safe, accessible course around the school grounds.</p> <ul style="list-style-type: none"> <li>• Skip into Summer Project– Road to Recovery! Purchase Infant &amp; Junior Skipping Ropes and facilitate online coaching support for staff/pupils from Skipping School Ltd.</li> </ul>	<p>£750</p>	<p>Staff have an alternative way of providing short activity bursts outside during the course of a day. Children will develop their individual and teamwork skipping skills.</p>	<p>future children can benefit from the initiative.</p> <p>Children will know a variety of skipping techniques that they will be able to practice at playtime and at home. This robust equipment will benefit future classes, while teachers will be more confident leading short skipping activity bursts with the aid of online tutorials.</p>
	<ul style="list-style-type: none"> <li>• Change4Life Summer Sport Club</li> </ul>	<p>£1614</p>	<p>Children experience a variety of fun, engaging sporting activities at a time when they might not have simple access to physical activity.</p>	<p>Good early experiences will provoke a lifelong interest in sport.</p>

<p>The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<ul style="list-style-type: none"> <li>• Whole School Chance2Shine Cricket Day Relief Day – Durham County Cricket Club</li> <li>• Produce School Games Values Certificates.</li> </ul>	<p>£604</p> <p>£50</p>	<p>The whole school come together to enjoy healthy activity on the same day. Everyone experienced a different activity as individuals, in pairs and as a team.</p> <p>Children who display School Games Values which are transferrable skills throughout the curriculum are distinguished in a weekly assembly.</p>	<p>Children are given the opportunity to continue their fun and fitness with cricket sessions at lunchtimes and after school. Community links to South Shields CC also provided with many getting involved in summer 'All Stars' programme.</p> <p>Sport is used as a vehicle for whole school improvement by awarding School Games Values Certificates for teamwork, determination, honesty, self-belief, respect and passion.</p>

	<ul style="list-style-type: none"> <li>Organise and develop School Games Day – Whole School.</li> <li>Write Sports Reports/Share photographs/Events &amp; Dates on Website.</li> </ul>	<p>£767</p> <p>£0</p>	<p>Our School Games Day brings everyone in our community together to celebrate and raise the profile of sport.</p> <p>Children and parents can read about and view images of their child's sporting endeavours on our website.</p>	<p>Active Parents often have active children and our School Games Sports Day brings everyone together.</p> <p>Our children's sporting pursuits feature heavily on the website and sports notice board to inspire the children.</p>
<p><b>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</b></p>	<ul style="list-style-type: none"> <li>PE Co-ordinator begins online training on the implementation of new interactive whole school scheme of work.</li> <li>Staff will be provided with ongoing and evolving CPD on the delivery of the scheme through online videos and by INSET from the PE Co-ordinator.</li> <li>Set up new interactive PE curriculum which will be introduced to improve the delivery and consistency of PE provision.</li> <li>Quality resources for lessons purchased to allow for outstanding PE and pupil attainment.</li> </ul>	<p>£1788</p>	<p>All pupils to receive high quality physical education while children will personally develop physically, cognitively, socially and emotionally. More children will achieve age related expectations and beyond.</p> <p>Staff will have the ability to deliver a high quality curriculum and will continue to be upskilled before every lesson and through regular INSET training.</p>	<p>Interactive scheme of work includes over 6500 videos showing outcomes of learning. These videos linked to lessons provides continued CPD beyond the SSP funding.</p>

	<ul style="list-style-type: none"> <li>• PE Co-ordinator attended online training in 'Supporting the delivery of PE in the current climate' (Covid-19 adaptations to PE). Disseminate good practice to staff through INSET. Also attended Gymnastics training</li> <li>• PE Co-ordinator attended online training in preparing for a Deep Dive in PE.</li> <li>• PE Lead supports staff with mentoring, team teaching and quality assures external providers of after-school sport opportunities.</li> </ul>	£100	<p>Children continue to make good/excellent progress in PE by providing safe, adapted lessons.</p> <p>PE Co-ordinator review our current position before introducing new actions to further improve PE &amp; disseminate actions for staff.</p> <p>PE Lead has attended a variety of high-quality CPD this academic year and has been able to disseminate information to staff so they can be up-skilled. Support and development has also been provided for staff who lead after school sport clubs.</p>	<p>Continued CPD will be provided in this evolving area as part of membership.</p> <p>Whole school will understand and support the key areas of development to further improve the subject.</p> <p>Teachers build up increased confidence, knowledge and skills to deliver improved PE lessons through training and working alongside PE specialists.</p>
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	<ul style="list-style-type: none"> <li>• A Y5/6 Teaching Assistant has delivered an additional skipping club.</li> <li>• Junior &amp; Infant Skipping Coaching alongside Teacher.</li> <li>• Y3 Hoopstarz coaching</li> <li>• Y1/Y2 Chance2Shine Cricket Coaching in Partnership with Durham CC &amp; South Shields CC alongside Infant staff.</li> </ul>	£300	<p>Previously disengaged boys and girls have got involved in a new sport.</p> <p>Teachers throughout the school have worked alongside specialist sports teachers to improve subject knowledge.</p>	<p>She has developed the ability to lead team sessions and curriculum PE lessons.</p> <p>Staff being upskilled will benefit our future children and give them more confidence to teach high quality PE in the present.</p>
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<p>Broader experience of a range of sports and activities offered to all pupils.</p>	<ul style="list-style-type: none"> <li>Introduce children to different sports through stimulating launch events. Organise Outdoor and Adventurous Activities and Hoopstarz launch events by liaising with relevant people.</li> </ul>	<p>£150</p>	<p>Children discovered an aptitude for a different sport, while some of the disengaged children enjoyed new activities. Several children joined OAA at Simonside Climbing Wall groups.</p>	<p>New sports created new pathways for the children with additional links to new local community clubs. PP funding and free places given where applicable to support families. Continue to provide clubs that are parent paid and therefore do not require any funding.</p>
	<ul style="list-style-type: none"> <li>PE Co-ordinator has developed athletics to a higher level this year. He has organised teams for both the juniors and Infants, as well as an after school club. New resources such as relay batons have been acquired.</li> </ul>	<p>£250</p>	<p>Athletics has been further developed with more staff involved with the running of multiple teams. The purchase of new resources has enabled sessions to take place outside/indoors. Fantastic performances were produced at Monkton Stadium.</p>	<p>The school is becoming less dependent on 'experts' coming in to teach PE and Sport as staff are more confident and keen. Better resources, great performances and an increasing number of athletics enthusiasts will only inspire more children to be involved. Continue to liase with families and pupils to ascertain the clubs and activities that our</p>

	<ul style="list-style-type: none"> <li>• Develop a wider range of sports provision both within and outside the curriculum by purchasing new resources and PE Lead provide training on implementing activities within the PE Curriculum and in Extra-curricular activities.</li> <li>• New Games – Tennis</li> <li>• New Game - Futsal</li> <li>• New event - Gymnastics</li> </ul>	<p>£975</p> <p>£269</p> <p>£753</p>	<p>A broader range of sports will now be provided so that children can be engaged in different ways. Research suggests that at a young age, children cognitively develop better when they experience a wider range of activities.</p> <p>The new resources will consequently mean that teachers can plan more exciting lessons throughout the whole school. As a result, behaviour will improve.</p>	<p>pupils want to be attending.</p> <p>The resources for the new activities will benefit children who attend our school in the future. Teachers will be more experienced by then to develop excellent sessions.</p> <p>Children will have the opportunity to find an aptitude in a different sport. This in turn can lead to new aspirations.</p>
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<p>Increased participation in competitive Sport</p>	<ul style="list-style-type: none"> <li>• Implement an effective house system for engaging in competition in lesson time. This means there will be an in class level 1 competition for all classes at the end of each unit (new SOW supports this set up and guides teachers). Alternatively, children will be tasked with achieving personal best performances.</li>   <li>• Enter multiple teams in a wide variety of different level 2 (virtual &amp; face to face) competitions and continue to develop partnerships with local community clubs and providers. <ul style="list-style-type: none"> <li>➤ Fantastic Four Virtual District/CountyEvent</li> <li>➤ Y5 &amp; Y6 District Skipping Competition ( x30 children)</li>   <li>➤ Y3 Tennis ( x2 teams)</li> <li>➤ Y4 Tennis ( x2 teams)</li>   <li>➤ Y3 Athletics ( x4 teams)</li> <li>➤ Y1 Athletics ( x4 teams)</li> </ul> </li> </ul>	<p>£528</p>	<p>KS2 children competed in four level 1 competitions. All of KS1 competed in one level 1 competition.</p> <p>The school have entered children in a wide range of festivals/ competitions, despite the covid related situation. Children of all abilities have had the opportunity to excel and aim to achieve personal best outcomes.</p> <p>Meanwhile the competitions have provided a sporting pathway to provide high attaining teams (District Winners) the opportunity to go on and compete at level 3 County level.</p>	<p>Competition will be imbedded as a normal element of learning at level 1 stage through continued access to house competitions in class/lesson time (SOW). This will bear no cost if SSP funding stops.</p> <p>Children that represent their school are shown to have a good chance to stay involved in sport and lead healthy lifestyles.</p> <p>Those children will develop their teamwork, sportsmanship, perseverance, respect and character.</p> <p>Children and Parents will be given advice on how their child can stay involved with any favourite</p>
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				<p>sports at local community clubs.</p> <p>Children that learn to compete and achieve personal best performances develop key life skills that can help them to improve in other areas of the curriculum.</p>
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## **Swimming**

At St. Bede's children learn to swim in Y3 and Y4, while they return to the pool in Y6.

Meeting national requirements for swimming and water safety	71%
Percentage of current Y6 pupils who could swim 25m <b>in Y4</b>	37%
Percentage of current Y6 pupils who could swim 25m at the <b>end of Y6</b>	71%
Percentage of Y6 cohort that use a range of strokes effectively (front crawl, backstroke and breaststroke)	71%
Percentage of Y6 cohort that can perform safe self-rescue in different water-based situations	71%
Additional provision for swimming? (over and above the national curriculum requirements)	No

### **Signed:**

Head Teacher : N. Park

Date : 31/7/21

Subject Leader : B. McVittie

Date : 31/7/21

Governor: C. Elwood

Date : 31/7/21