



South Tyneside Council

FOR *every*  
FAMILY

SOUTH TYNESIDE FAMILY HUBS

*Summer*

## ACTIVITY GUIDE

**All Saints, Marine Park, Riverside Family Hub**

For more information and/or to book a space on an activity,  
please contact the hosting Family Hub.

**\* Booking Required**

VISIT OUR  
WEBSITE:  
SCAN ME



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**Monday 21st July**

**Pizza Party\***

Riverside  
(3+ years)  
1:30pm-2:30pm



**Tuesday 22nd July**

**Williby Rocs\***

Riverside  
(5+ years)  
10:00am-11:00am

**Tiny Tweeties\***

Riverside  
(0-2 years)  
10:00am-11:00am



**Wednesday 23rd July**

**Obstacle Fun and Games\***

All Saints  
(0-5 years)  
9:30am-10:30am



**Obstacle Fun and Games\***

All Saints  
(0-5 years)  
11:00am-12:00pm

**Thursday 24th July**

**Music and Movement\***

Marine Park  
(0-1 years)  
10:00am-11:00am

**Science Buddies\***

Riverside  
(5+ years)  
10:30am-11:30am



**Sports Fun\***

Marine Park  
(0-5 years)  
1:30pm-2:30pm

**Twins, Triplets and More**

All Saints  
(0-5 years)  
1:30pm-2:30pm

**Friday 25th July**

**Music and Movement\***

All Saints  
(0-1 years)  
9:30am-10:30am

**Obstacle Course (SEND)**

All Saints  
(0-8 years)  
1:00pm-2:00pm



**Parachute Fun and Games**

(Dads/Male Carers only)  
Riverside  
(0-5 years)  
1:30pm-2:30pm



Spread the word!  
**THIS IS SOUTH TYNESIDE festival 2025**

**THROUGHOUT JULY - AUGUST**

- Summer Parade
- Sunday Concerts
- Kids Fun Fest
- Proms in the Park
- Live music

**ALL FREE**

*...and much more!*

**DISCOVER MORE SCAN ME**



**UNDERSTANDING YOUR SELF SOLIHULL APPROACH**

**SOLIHULL DIGITAL OFFER**

- Check out our FREE online courses nurturing emotional health and wellbeing from bump to 19+ years.
- Enter our exclusive South Tyneside ACCESS Code: **FOREVERYFAMILY** for lifetime free access in your own time.

**DISCOVER MORE SCAN ME**



**Monday 28th July**

**Baby Massage\***  
(4-week programme)  
Marine Park  
10:00am-11:00am



**On your Marks, get set...Mess!\***  
(Make your Own Suncatcher)  
Riverside  
(0-5 years)  
1:30-2:30pm

**Tuesday 29th July**

**On your Marks, get set...Mess! \***  
(Mark Making)  
Riverside  
(0-1 years)  
10:00-11:00am

**Tiny Tweeties\***  
All Saints  
(1-5 years)  
10:00am-11:00am

**Science Buddies\***  
Riverside  
(5+ years)  
1:30pm-2:30pm



**Wednesday 30th July**

**Fruity Creations\***  
All Saints  
(0-5 years)  
9:30am-10:30am



**Fruity Creations\***  
All Saints  
(0-5 years)  
11:00am-12:00pm

**Whatever Next (Early Words Together)**  
All Saints  
(2-3 years)  
1.30pm-2.30pm



**Thursday 31st July**

**Baby Hand and Feet Prints\***  
Marine Park  
(0-1 years)  
10:00am-11:00am



**Spud Splatter (Potato Printing)\***  
Marine Park  
(0-5 years)  
1:30pm-2:30pm

**Twins, Triplets and More**  
(Stories from ST Library)  
All Saints  
(0-5 years)  
1:30pm-2:30pm



**Friday 1st August**

**Baby Hand and Feet Prints\***  
All Saints  
(0-1 years)  
9:30am-10:30am

**On your Marks, get set...Mess!**  
(Mark Making - SEND)  
All Saints  
(0-8 years)  
1:00pm-2:00pm

**Let's roll with it!**  
(roller painting - Dads/Male Carers)  
Riverside  
(0-5 years)  
1:30pm-2:30pm



**Holiday, Activities + Food**

Children across South Tyneside will continue to access free, nutritious food and engaging activities over the school holidays.

Check out what's on offer now.

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**Monday 4th August**

**Baby Massage \***

(4-week programme)  
Marine Park  
**10:00am-11:00am**



**Jack and the Beanstalk\***

(Storytime + themed activities)  
Riverside  
(0-5 years)  
**1:30pm-2:30pm**



**Tuesday 5th August**

**Dear Zoo\***

(Storytime + themed activities)  
Riverside Family Hub  
(0-1 years)  
**10:00-11:00am**

**Science Buddies\***

All Saints  
(5+ years)  
**1:30pm-2:30pm**



**Wednesday 6th August**

**Three Little Pigs\***

(Storytime + themed activities)  
All Saints  
(0-5 years)  
**9:30am-10:30am**

**Williby Rocs\***

Marine Park  
(5+ years)  
**10:00am-11:00am**

**Three Little Pigs\***

(Storytime + themed activities)  
All Saints  
(0-5 years)  
**11:00am-12:00pm**



**Thursday 7th August**

**Dear Zoo\***

(Storytime + themed activities)  
Marine Park  
(0-1 years)  
**10:00am-11:00am**

**Goldilocks\***

(Storytime + themed activities)  
Marine Park  
(0-5 years)  
**1:30pm-2:30pm**



**Twins, Triplets and more**

All Saints Family Hub  
(0-5 years)  
**1:30pm-2:30pm**



**Friday 8th August**

**Dear Zoo\***

(Storytime + themed activities)  
All Saints  
(0-1 years)  
**9:30am-10:30am**



**Dear Zoo**

(Storytime + themed activities)  
All Saints  
(0-8 years)  
**1:00pm-2:00pm**

**The Gruffalo**

(Storytime + themed activities  
- Dads/Male Carers)  
Riverside  
(0-5 years)  
**1:30pm-2:30pm**

**Clarty Art\***

Marine Park  
(5+ years)  
**1:30pm-2:30pm**

## Week 4 Theme – Nursery Rhymes

### Monday 11th August

#### Baby Massage\*

(4-week programme)  
Marine Park  
10:00am-11:00am



#### Puppet Making\*

Riverside  
(0-5 years)  
1:30pm-2:30pm



### Tuesday 12th August

#### Rhyme Time\*

Riverside  
(0-1 years)  
10:00am-11:00am



#### Williby Rocs\*

All Saints  
(5+ years)  
10:00am-11:00am



### Wednesday 13th August

#### Rock Painting\*

(Stories from ST Library)  
All Saints  
(2+ years)  
9:30am-10:30am



#### Rock Painting\*

(Stories from ST Library)  
All Saints  
(2+ years)  
11:00am-12:00pm

#### Science Buddies\*

All Saints  
(5+ years)  
1:30pm-2:30pm

### Thursday 14th August

#### Rhyme Time\*

Marine Park  
(0-1 years)  
10:00am-11:00am

#### Music and Movement\*

Marine Park  
(0-5 years)  
1:30pm-2:30pm

#### Tiny Tweeties\*

Marine Park  
(1-5 years)  
1:30pm-2:30pm

#### Twins, Triplets and More

All Saints  
(0-5 years)  
1:30pm-2:30pm



### Friday 15th August

#### Rhyme Time\*

All Saints  
(0-1 years)  
9:30am-10:30am



#### Rhyme Time (SEND)

All Saints  
(0-8 years)  
1:00pm-2:00pm

#### Make your own musical instrument

(Dads/Male Carers)  
Riverside  
(0-5 years)  
1:30pm-2:30pm



## THE DAD PAD

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner

## DOWNLOAD NOW

You can download the brand new DadPad app platform [www.thedadpad.co.uk/app](http://www.thedadpad.co.uk/app)



**Monday 18th August**

**Baby Massage \***  
(4-week programme)  
Marine Park  
10:00am-11:00am



**Baby Sensory\***  
All Saints  
(0-1 years)  
10:00am-11:00am

**Tiny Tweeties\***  
Riverside  
(1-5 years)  
1:30pm-2:30pm

**Clarty Art\***  
Riverside  
(5+ years)  
1:30pm-2:30pm



**Tuesday 19th August**

**Sensory Play\***  
Riverside  
(0-1 years)  
10:00-11:00am



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- Summer Parade
- Sunday Concerts
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- Proms in the Park
- Live music

...and much more!

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**ALL FREE**

**Wednesday 20th August**

**Messy Play\***  
All Saints  
(0-5 years)  
9:30am-10:30am



**Messy Play\***  
All Saints  
(0-5 years)  
11:00am-12:00pm

**Science Buddies\***  
Marine Park  
(5+ years)  
1:30pm-2:30pm



**Thursday 21st August**

**Sensory Play\***  
Marine Park  
(0-1 years)  
10:00am-11:00am



**Mosaic Tile Creations\***  
Marine Park  
(0-5 years)  
1:30pm-2:30pm

**Twins, Triplets and More**  
All Saints  
(0-5 years)  
1:30pm-2:30pm

**Friday 22nd August**

**Sensory Play\***  
All Saints  
(0-1 years)  
9:30am-10:30am

**Sensory Play (SEND)**  
All Saints  
(0-8 years)  
1:00pm-2:00pm



**Meet at West Park Allotment**  
(Dads/Male Carers)  
Riverside  
(0-5 years)  
1:30pm-2:30pm



**Monday 25th August**

Bank Holiday



Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.

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**Tuesday 26th August**

**Family Beach Day\***

Meet at Amphitheatre  
(0-1 years)

**11:00am-3:00pm**



**Holiday, Activities + Food**

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**Wednesday 27th August**

**End of Summer Party**

All Saints  
(0-5 years)

**10:00am-11:00am**



**Science Buddies\***

All Saints  
(5+ years)

**1:30pm-2:30pm**



**Clarty Art\***

Riverside  
(5+ years)

**1:30pm-2:30pm**

**Thursday 28th August**

**Teddy Bears Picnic**

(Stories from ST Library)

Please bring a teddy bear and a picnic.

Marine Park  
(0-1 years)

**10:00am-11:00am**



**The Tiger who came to Tea\***

Marine Park  
(0-5 years)

**1:30pm-2:30pm**

**Twins, Triplets and more**

All Saints  
(0-5 years)

**1:30pm-2:30pm**



**Friday 29th August**

**Teddy Bears Picnic\***

Please bring a teddy bear and a picnic.

All Saints  
(0-1 years)

**9:30-10:30am**

**Party Games (SEND)**

All Saints  
(0-8 years)

**1:00pm-2:00pm**



**Water Play**

(Dads/Male Carers)

Riverside  
(0-5 years)

**1:30pm-2:30pm**



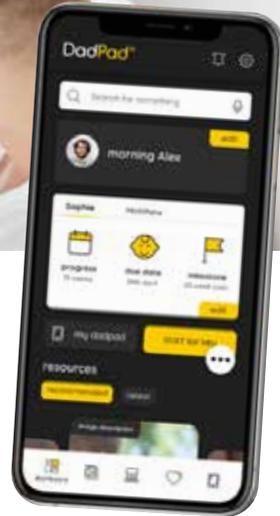


# The Dad Pad

Dads' and dads-to-be can gain free access to the newly launched DadPad app, an easy-to-use resource packed with relevant information, as well as details on local support groups and service providers.

The app covers topics such as:

- Feeding, holding, changing and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner



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## UNDERSTANDING YOUR SELF



## S O L I H U L L A P P R O A C H

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MORE  
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# SOUTH TYNESIDE YOUTH SERVICE

INVESTING IN YOUNG PEOPLE

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## YOUTH GROUP TIMETABLE

VENUE	DAYS/TIMES	AGE GROUP
<b>FAB/ Jarrow Youth Group</b> Jarrow Focus, 113 Grange Rd, Jarrow NE32 3QW	Tuesday 5:30-7:30pm Wednesday 5:30-7:30pm	SEND Group ages 8-10 SEND Group ages 11-16
<b>The Pavilion Youth Group</b> Valley View Park, Jarrow	Monday 6:00-8:00pm Thursday 5:00-7:00pm	Seniors Year 7 – Year 11 Juniors Ages 8-end of Year 6
<b>Hartleyburn Youth Group</b> Hartleyburn Community Centre, Crawley Square, Hebburn NE31 2LW	Monday 6:30-8:30pm Thursday 5:00-7:00pm	Juniors Ages 8- End of year 6 Seniors Year 7- Year 11
<b>The Hut Youth Group</b> Chuter-Ede, Galsworthy Road, South Shields, Tyne & Wear NE34 9UG	Monday 6:00-8:30pm Wednesday 6:00-8:00pm Friday 6:00-8:30pm	Seniors Year 7-Year 11 Juniors Ages 8-end of Year 6 Seniors Year 7-Year 11
<b>Ocean Road Youth Group</b> Ocean Road Centre, Ocean Road, South Shields NE33 2DW	Monday 6:00-7:30pm Thursday 6:00-7:30pm	Juniors Ages 8-end of Year 6 Seniors Year 7- Year 11
<b>Horsley Hill Youth Group</b> Marsden Road Health & Wellbeing Centre, Marsden Road South Shields NE34 6RE	Monday, Wednesday and Friday 5:15-6:30pm (Juniors) 6:45-8:00pm (Seniors)	Juniors Ages 8- end of Year 6 Seniors Year 7-11
<b>Simonside Youth Project</b> Simonside Climbing Wall	Tuesday 5:30-7:00pm	Seniors Year 7-Year 11

Limited spaces available, to book please email [youthconnect@southtyneside.gov.uk](mailto:youthconnect@southtyneside.gov.uk)

0191 424 0118

[youthservice@southtyneside.gov.uk](mailto:youthservice@southtyneside.gov.uk)

South Tyneside Youth Service

Stc\_youthservice

# FOR *every* FAMILY

SOUTH TYNESIDE FAMILY HUBS

**Tel:** 0800 783 4645

**Web:** [www.southtynesidefamilyhubs.co.uk](http://www.southtynesidefamilyhubs.co.uk)

**Email:** [familyhubs@southtyneside.gov.uk](mailto:familyhubs@southtyneside.gov.uk)

**FAMILY HUB  
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**In Partnership with:**



South Tyneside Council



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Adding years to life and life to years