

PE and Sport Premium 2023-24

Rationale:

At St. Bede's we believe that Physical Education, Sport and Physical Activity (PESPA) has the power to be used as a vehicle to improve all aspects of school life. We strive to produce physically literate children, who have the knowledge, skills and motivation needed to keep active every day. In these challenging times, we recognise that children's physical and mental health need additional support.

St. Bede's provides an inclusive, engaging programme of high quality Physical Education, which is vital part of a child's holistic, personal development. Children will experience a wide range of carefully planned sporting activities. During learning, all children are encouraged to develop leadership skills through pairs, group or whole class settings. We aspire to ensure that children enjoy PE, which will then help us to raise participation levels both in and out of school and therefore in turn, promote healthy lifestyles.

We seek to deliver high quality PE and sports teaching in both curriculum and after school clubs. There will be the opportunity for all to compete, whether against themselves for personal best performances; or in a team sport through intra-school, inter-school and County competitions. We aim to establish that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.

PE and Sport experiences can develop the personal discipline and determination to succeed, the resilience to keep going and respond positively to adversity, the self-confidence to play with creativity, and leadership skills to communicate messages clearly and collaboratively in a team. These skills cannot simply be read and rehearsed.

As a school, we are committed to using the Sport Premium to develop and add to Physical Education, Sport and Physical Activity opportunities for our children. We intend to build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years. St. Bede's will raise the profile of the subject by celebrating each other's individual and team achievements, then using these as an inspiration for others.

Sports has the ability to provide the tools for success in all aspects of school life and therefore bring about whole school improvement. We passionately believe that sport can change lives.

St. Bede's RC Primary PE & Sports Premium 2023/24

Academic Year : September 2023 – July 2024

Total number of primary aged pupils between the ages of 5-11 = 179

Total amount of Sport Premium Grant received = £17 790

Total amount Spent £ 17 781

- *Key Indicators Focus:* Engagement of all pupils in regular physical activity- 60 minutes a day, of which 30 minutes should be in school, The profile of PE and sport being raised across the school as a tool for whole school improvement, Increased confidence, knowledge and skills of all staff in teaching PE & Sport, Broader experience of a range of sports and activities offered to pupils, Increased participation in competitive sport

Intent	Implementation		Impact	
Objective	Actions to Achieve	Funding Allocated	Outcome	Sustainability
Engagement of all pupils in regular physical activity – 60 minutes a day, of which 30 minutes should be in school	Develop activity breaks within the classroom by subscribing to Jump Start Jonny. Fantastic for 'energizers' and 'chillouts'.	£239	Children will be provided with the opportunity to stay active within the classroom during the school day. Jump Start Jonny 'energisers' will help children to be more alert and able to process new learning. Meanwhile, the 'chillouts' will promote calm and positive mental health where necessary.	Children will notice the positive impact of exercise on their body during learning and consequently take more responsibility in the future for their physical and mental health.

	<p>Develop Infant & Junior Active Lunch/Play – Purchase a variety of new stimulating active play resources that will connect with different groups e.g FSM, SEND etc...</p>	£3329	<p>The infant and junior yard will contain a variety of new stimulating resources and activities. Begin to develop leaders and dinner ladies to support activities.</p>	<p>Lunchtime supervisors and Play Leaders will develop and encourage pupils to use skills taught. This will ensure that Infant children will continue with healthy, active lifestyles during lunch and break sessions.</p>
	<ul style="list-style-type: none"> • Y1/2 Summer Change4Life Club (1 week) & Y3/4 Easter Change4Life Clubs (1 week) 	£4012	<p>Different groups of children experience a variety of fun, engaging sporting activities at a time when they might not have simple access to physical activity.</p>	<p>Good early experiences will provoke a lifelong interest in sport.</p>

	<ul style="list-style-type: none"> • South Tyneside Sport Network membership 	<p><i>£3008 (x1 payment for support with all 5 key indicators)</i></p>	<p>New Sports Leaders/ Lunchtime supervisor training able to provide different lunchtime activities for KS1 and KS2</p> <p>New ideas/resources of parent engagement with home to keep active</p> <p>Active Travel initiatives to be promoted</p> <p>Change4Life Clubs</p> <p>Development of short activity burst breaks</p>	<p>Better active play/lunch opportunities with better coaching available</p> <p>Healthier future families</p> <p>Engage the least active now and in the future</p>
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The profile of PE and sport being raised across the school as a tool for whole school improvement	<p>Introduce Regular Sport Assemblies to celebrate both participation, effort and success. Purchase medals/trophies to award.</p>	<p>£128</p>	<p>Children feel extra proud of their achievements of becoming Cross Country Champions, hockey winners, completion of sport & well-being club, skipping awards.</p>	<p>School Community celebrate effort & achievement & inspire the current and next generation.</p>
	<p>Organise for Newcastle Eagles players to visit St. Bede's with their Healthy Living Roadshow message.</p>	<p>£250</p>	<p>Professional sportsmen and sportswomen have delivered eloquent healthy lifestyle messages that have inspired our children to live them out. The immediate uptake in basketball both within school and community link clubs rose sharply.</p>	<p>Children who have attended lessons/assemblies have their future sporting aspirations raised alongside their self-belief. They are encouraged to dream and be ambitious.</p>
	<ul style="list-style-type: none"> • South Tyneside Sport Network membership 	<p><i>£3008 (x1 payment for support with all 5 key indicators)</i></p>	<p>Whole school come together for festivals days including Hoopstarz and All Stars Cricket.</p>	<p>Further opportunities given towards local clubs e.g. South Shields CC.</p>
			<p>School Games Values Certificates are produced.</p> <p>Children & parents can read about and view images of their child's sporting endeavours on school & the Sport Network social media.</p>	<p>Sporting Values are encouraged and presented for younger children.</p> <p>Tool to inspire current and future children.</p>

<p>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p>	<p>Complete PE Annual Subscription with CPD tutorials</p> <ul style="list-style-type: none"> • Staff to attend a series of CPD courses and workshops to help them teach PE and sport more effectively • South Tyneside Sport Network membership <ul style="list-style-type: none"> • Y5/6 Staff working alongside external coaches to deliver PE Curriculum 	<p>£150</p> <p><i>£3008 (x1 payment for support with the 5 key indicators)</i></p> <p>£1630</p>	<p>Staff watch tutorials & videos of the implementation of the activities with teaching points to support their delivery.</p> <p>All pupils to receive high quality physical education while children will personally develop physically, cognitively, socially and emotionally. More children will achieve age related expectations and beyond.</p> <p>Staff will have the ability to deliver a high quality curriculum and will continue to be upskilled before every lesson and through regular INSET training.</p> <p>Children continue to make good/excellent progress in PE by providing safe, adapted lessons.</p> <p>Staff will develop more confidence and knowledge working alongside a confident specialist</p>	<p>Staff deliver high quality sessions with confidence.</p> <p>Continued CPD will be provided in this evolving area as part of membership.</p> <p>Whole school will understand and support the key areas of development to further improve the subject.</p> <p>Teachers build up increased confidence, knowledge and skills to deliver improved PE lessons through training and working alongside PE specialists.</p>
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Broader experience of a range of sports and activities offered to all pupils.	New Junior Sportshall Athletics equipment	£850	Resources will provide the opportunity for athletics to take place over the winter months.	All children now and in the future will have the opportunity to use the equipment.
	New Junior & Infant Gymnastics Equipment	£900	Resources will support the development of children to do difficult gymnastics skills and routines	Increase attainment in KS1 and KS2 gymnastics and provide opportunities to reach inter-school competition standard
	New SEND Sports Related Equipment e.g. New Age Curling	£ 523	SEND children are finding a way to keep active and enjoy sport.	Hard wearing kit will be used in future and to help prepare children for competitions which will be a great experience.

	<p>New tennis equipment to be purchased suitable for Y1 and Y2 to extend tennis provision</p> <p>To develop well being, sensory and nature zone by acquiring a variety of natural outdoor resources including sand based areas, sensory zones, calm stations.</p> <ul style="list-style-type: none"> • South Tyneside Sport Network membership • Explore broader experiences for KS1 and KS2 children in a range of sports to encourage more uptake of sport 	<p>£ 742</p> <p>£812</p> <p><i>£3008 (x1 payment for support with all 5 key indicators)</i></p>	<p>Excellent uptake of Y1 & Y2 children playing tennis.</p> <p>Children from different groups will develop a love for being active, the outdoors and nature while moving about and enjoying activities in the open air.</p> <p>More varied menu of sporting experiences both within and outside the curriculum</p>	<p>Resources including a new net will be used in the future.</p> <p>This natural well being area will be looked after different groups of children and designated staff so it will continue to flourish and provide healthy activity, calm and happiness for future pupils.</p> <p>New sports will create additional pathways for the children with new community links.</p>
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Increased participation in competitive Sport	<ul style="list-style-type: none"> Girls Cricket White t-shirts for Second and Third Team 	<p>£488</p>	<p>We will be able to expand the number of girls cricket teams that represent the school</p>	<p>Girls will be inspired by the cricket team to get involved in the future and will be able to use the t-shirts.</p>
	<ul style="list-style-type: none"> South Tyneside Sport Network Membership 	<p>£3008 (x1 payment for support with all 5 key indicators)</p>	<p>Children will get the opportunity to take part in a comprehensive programme of participation and competitive physical activity opportunities for KS1 & KS2</p>	<p>The school will endeavour to provide consistent opportunities for competition in a wide variety of sports in KS1 and KS2</p>
	<ul style="list-style-type: none"> Enter the Newcastle Eagles District Basketball Competition (2023-24) 	<p>£250</p>	<p>Provide a mass participation opportunity for 4 teams to take part in the District competition. This is also an opportunity to compete at County level for the winners which we achieved.</p>	<p>Inspire future basketballers by showing dedication to train and conduct themselves well around the school. Display photographs of tournament.</p>
	<ul style="list-style-type: none"> Transport Contributions to District & County Finals when shortfall 	<p>£470</p>	<p>Children from all social backgrounds were able to take part in District & County Finals in a moment where transport was incredibly expensive</p>	<p>Children maintain motivated on their sporting journeys and have enjoyed experiences in major events that will increase their confidence.</p>

Swimming

At St. Bede's children learn to swim in Y3 and Y4, while they return to the pool in Y6.

Meeting national requirements for swimming and water safety	90%
Percentage of current Y6 pupils who could swim 25m in Y4	37%
Percentage of current Y6 pupils who could swim 25m at the end of Y6	90%
Percentage of Y6 cohort that use a range of strokes effectively (front crawl, backstroke and breaststroke)	90%
Percentage of Y6 cohort that can perform safe self-rescue in different water-based situations	90%
Additional provision for swimming? (over and above the national curriculum requirements)	No

Signed:

Head Teacher : C. Devine

Date : 17/7/24

Subject Leader : B. McVittie

Date : 17/7/24

Governor: C. Elwood

Date : 17/7/24