Year 4 PSHE & RHE Overview

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|  | Learning Intentions |
|  | Calming the storm - Online Safety |
|  | Safeguarding Audit |
| **Module 1: Unit 1** **Religious Understanding**Story Sessions: Get up! | Children will know that:* We are created individually by God who is Love, designed in His own image and likeness
* God made us with the desire to be loved and to love and to make a difference: each of us has a specific purpose
* Every human life is precious from the beginning of life (conception) to natural death
* Personal and communal prayer and worship are necessary ways of growing in our relationship with God
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| **Module 1: Unit 2****Me, My Body, My Health**Session 1: We Don’t Have to Be the Same | Children will learn that:* Similarities and differences between people arise as they grow and make choices, and that by living and working together – teamwork – we create community
* Self-confidence arises from being loved by God (not status, etc)
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| Session 2: Respecting Our Bodies | Children will learn:* About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.
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| Session 3: What is Puberty? | Children will:* Learn what the term ‘puberty’ means.
* Learn when they can expect puberty to take place.
* Understand that puberty is part of God’s plan for our bodies.
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| Session 4: Changing Bodies | Children will:* Learn correct naming of genitalia
* Learn what changes will happen to boys during puberty
* Learn what changes will happen to girls during puberty
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| **Module 1: Unit 3****Emotional Wellbeing** Session 1: What Am I Feeling? | Children will learn:* That emotions change as they grow up
* About the range and intensity of their feelings and that ‘feelings’ are not good guides for action
* That feelings are neither good or bad, but information about what we are experiencing that help us consider how to act
* What ‘emotional well-being’ means and that positive actions and talking to trusted people enhance emotional well-being
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| Session 2: What Am I Looking at? | Children will learn:* To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.
* That God made us and loves us as we are.
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| Session 3: I Am Thankful | Children will learn that:* Some behaviour is wrong, unacceptable, unhealthy and/or risky.
* Thankfulness builds resilience against feelings of envy, inadequacy, and insecurity, and against pressure from peers and the media
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| **Module 1: Unit 4****Life Cycles**Session 1: Life Cycles | Children will learn:* That they were handmade by God with the help of their parents.
* How a baby grows and develops in its mother’s womb including, scientifically, the uniqueness of the moment of conception.
* How conception and life in the womb fits into the cycle of life.
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| Session 2: A Time for Everything | Pupils will:* Understand what ‘death’ means
* Learn about some feelings often connected with grief
* Know what the Christian faith says about death and eternal life
* Explore some ways to support themselves and others when they are grieving
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| Session 3: Big Changes, Little Changes + Classroom Shorts | Children will:* Understand that change is a part of life and that there are different kinds of change.
* Learn about some feelings often associated with change.
* Know that God is always with us as we change and grow.
* Learn coping strategies to support themselves and others.
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| **Module 3: Unit 1****Religious Understanding**Session 1: A Community of Love | Children will learn that:* God is love as shown by the Holy Trinity – a communion of persons supporting each other in their self-giving relationship.
* The human family reflects the Holy Trinity in mutual charity and generosity.
* We are made in the image of God, which means we are made to love God and others, and be loved by God and others.
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| Session 2: What is the Church? | Children will learn that:* The human family reflects the Holy Trinity in charity and generosity
* The Church family comprises of home, school and parish (which is part of the diocese)
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| **Module 3: Unit 2****Living in the Wider World**Session 1: How Do I Love Others? | Children will learn:* That God wants His Church to love and care for others.
* To devise practical ways of loving and caring for others
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| Session 2: Money Matters + Classroom Shorts | Pupils will learn that:* All forms of money have advantages and disadvantages.
* Our attitude to money and choices about spending, saving and giving impacts on ourselves and others.
* Budgeting helps to keep track of spending and saving.
* Our faith guides our values and reminds us of the importance of love for God and others.
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| The aspects of non-statutory PSHE which are not wholly covered by ‘Life to the Full Plus’ are listed below. These will be taught using resources and lesson plans from the PSHE Association Website. |
| **Citizenship:**Responsibility | L.2. to recognise there are human rights; what they are and that they are there to protect everyoneL.5. ways of carrying out shared responsibilities to care and protect the environment |
| **Citizenship:**Community | L.8. about diversity; what it means; the benefit of living in a diverse community; about valuing diversity within communities |
| **Economic Wellbeing:**Aspirations, Work & Career | L.29. that some jobs are paid more than others and money is one factor which may influence a person’s job or career choice; that people may choose to do voluntary work which is unpaid.L.30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation |