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|  | Learning Intentions |
| **Module 1: Unit 1** **Religious Understanding**Story Sessions: Handmade with Love | Children will know that:* We are created individually by God as part of His creation plan
* We are all God’s children and are special
* Our bodies were created by God and are good
* We can give thanks to God!
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| **Module 1: Unit 2****Me, My Body, My Health**Session 1: I Am Me | Children will learn that:* We are each unique, with individual gifts, talents and skills.
* Whilst we all have similarities because we are made in God’s image, difference is part of God’s plan!
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| Session 2: Heads, Shoulders, Knees and Toes | Children will learn:* That their bodies are good and made by God
* The names of the parts of the body (not genitalia)
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| Session 3: Ready Teddy? | Children will learn:* That our bodies are good and we need to look after them
* What constitutes a healthy lifestyle, including exercise, diet, sleep, and personal hygiene
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| **Module 1: Unit 3** **Emotional Wellbeing** Session 1: I Like, You Like, We All Like | Children will learn that:* We all have different ‘tastes’ (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc)
* It is natural for us to relate to and trust one another
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| Session 2: All the Feelings! | Children will learn:* A language to describe their feelings
* An understanding that everyone experiences feelings
* An understanding that feelings are neither good nor bad; they give us information about what we are experiencing
* Simple strategies for managing feelings
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| Session 3: Let’s Get Real | Children will learn:* How feelings can affect actions, and that actions have consequences
* Simple strategies for managing emotions and behaviour
* That we have choices and these choices can impact how we feel and respond.
* We can say sorry and forgive like Jesus
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| **Module 1: Unit 4****Lifecycles**Session 1: Growing Up | Children will learn:* That there are natural life stages from birth to death, and what these are
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| Session 2: New People, New Places + Classroom Shorts | Children will learn:* Change is a part of growing up
* Their experiences of change will help their transition to Year 1
* God is with them every step of the way as they grow and change
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| **Module 2: Unit 1****Religious Understanding**Session 1: Role Model | Children will learn that:* We are part of God’s family
* Jesus cared for others and wanted them to live good lives like Him
* We should love other people in the same way God loves us
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| **Module 2: Unit 2****Personal Relationships**Session 1: Who’s Who? | Children will learn:* To identify special people (e.g. parents, carers, friends) and what makes them special
* The importance of the nuclear family and of the wider family
* The importance of being close to and trusting ‘special people’, and telling them when something is troubling them
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| Session 2: You’ve Got a Friend in Me | Children will learn:* How their behaviour affects other people and that there is appropriate and inappropriate behaviour
* The characteristics of positive and negative relationships
* About different types of teasing and that all bullying is wrong and unacceptable
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| Session 3: Forever Friends | Children will learn:* To recognise when they have been unkind to others and say sorry
* That when we are unkind, we hurt God and should say sorry
* To recognise when people are being unkind to them and others and how to respond
* That we should forgive like Jesus forgives
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| **Module 2: Unit 3****Life Online**Session 1: What is the Internet? | Children will learn:* That the internet connects us to others
* That the internet helps us in lots of ways
* Only Jesus can help us with everything
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| Session 2: Playing Online | Children will learn:* About safe and unsafe situations online.
* That they can ask for help from their special people.
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| **Module 2: Unit 4****Keeping Safe**Session 1: Safe Inside and Out  | Children will learn: * About safe and unsafe situations outdoors and indoors.
* That they can ask for help from their special people.
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| Session 2**:** My Body, My Rules | Children will learn:* That they are entitled to bodily privacy
* That they can and should be open with ‘special people’ they trust if anything troubles them
* That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest
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| Session 3: Feeling Poorly | Pupils will know that:* Medicines should only be taken when a parent or doctor gives them to us.
* Medicines are not sweets.
* We should always try to look after our bodies, because God created them and gifted them to us.
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| Session 4: People Who Help Us | Pupils will know that:* There are lots of people who do jobs to help us
* That in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade
* Paramedics help us in a medical emergency
* First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance
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| **Module 3: Unit 1****Religious Understanding**Session 1: God Is Love | Children will learn:* That God is love: Father, Son and Holy Spirit
* That being made in His image means being called to be loved and to love others
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| Session 2: Loving God, Loving Others | Children will learn:* What a community is, and that God calls us to live in community with one another
* A Scripture illustrating the importance of living in a community
* No matter how small our offerings, they are valuable to God and He can use them for His glory.
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| **Module 3: Unit 2****Living in the Wider World**Session 1: Me, You, Us | Children will learn:* That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community
* That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.
* That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)
* About what harms and what improves the world in which they live
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| Session 2: When I Grow Up + Classroom Shorts | Children will learn:* About some different types of jobs
* That having a job can help us to look after each other and the world
* That God has given us all strengths, gifts and talents to do His work
* About strengths and interests needed to do different jobs
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| Session 3: Money Doesn’t Grow on Trees + Classroom Shorts | Children will learn:* That money helps us buy things.
* That wants and needs are different.
* That God’s love and the love we share with others is freely given and our most important need.
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