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|  | Learning Intentions |
| **Module 1: Unit 1**  **Religious Understanding**  Story Sessions: Handmade with Love | Children will know that:   * We are created individually by God as part of His creation plan * We are all God’s children and are special * Our bodies were created by God and are good * We can give thanks to God! |
| **Module 1: Unit 2**  **Me, My Body, My Health**  Session 1: I Am Me | Children will learn that:   * We are each unique, with individual gifts, talents and skills. * Whilst we all have similarities because we are made in God’s image, difference is part of God’s plan! |
| Session 2: Heads, Shoulders, Knees and Toes | Children will learn:   * That their bodies are good and made by God * The names of the parts of the body (not genitalia) |
| Session 3: Ready Teddy? | Children will learn:   * That our bodies are good and we need to look after them * What constitutes a healthy lifestyle, including exercise, diet, sleep, and personal hygiene |
| **Module 1: Unit 3**  **Emotional Wellbeing**  Session 1: I Like, You Like, We All Like | Children will learn that:   * We all have different ‘tastes’ (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc) * It is natural for us to relate to and trust one another |
| Session 2: All the Feelings! | Children will learn:   * A language to describe their feelings * An understanding that everyone experiences feelings * An understanding that feelings are neither good nor bad; they give us information about what we are experiencing * Simple strategies for managing feelings |
| Session 3: Let’s Get Real | Children will learn:   * How feelings can affect actions, and that actions have consequences * Simple strategies for managing emotions and behaviour * That we have choices and these choices can impact how we feel and respond. * We can say sorry and forgive like Jesus |
| **Module 1: Unit 4**  **Lifecycles**  Session 1: Growing Up | Children will learn:   * That there are natural life stages from birth to death, and what these are |
| Session 2: New People, New Places + Classroom Shorts | Children will learn:   * Change is a part of growing up * Their experiences of change will help their transition to Year 1 * God is with them every step of the way as they grow and change |
| **Module 2: Unit 1**  **Religious Understanding**  Session 1: Role Model | Children will learn that:   * We are part of God’s family * Jesus cared for others and wanted them to live good lives like Him * We should love other people in the same way God loves us |
| **Module 2: Unit 2**  **Personal Relationships**  Session 1: Who’s Who? | Children will learn:   * To identify special people (e.g. parents, carers, friends) and what makes them special * The importance of the nuclear family and of the wider family * The importance of being close to and trusting ‘special people’, and telling them when something is troubling them |
| Session 2: You’ve Got a Friend in Me | Children will learn:   * How their behaviour affects other people and that there is appropriate and inappropriate behaviour * The characteristics of positive and negative relationships * About different types of teasing and that all bullying is wrong and unacceptable |
| Session 3: Forever Friends | Children will learn:   * To recognise when they have been unkind to others and say sorry * That when we are unkind, we hurt God and should say sorry * To recognise when people are being unkind to them and others and how to respond * That we should forgive like Jesus forgives |
| **Module 2: Unit 3**  **Life Online**  Session 1: What is the Internet? | Children will learn:   * That the internet connects us to others * That the internet helps us in lots of ways * Only Jesus can help us with everything |
| Session 2: Playing Online | Children will learn:   * About safe and unsafe situations online. * That they can ask for help from their special people. |
| **Module 2: Unit 4**  **Keeping Safe**  Session 1: Safe Inside and Out | Children will learn:   * About safe and unsafe situations outdoors and indoors. * That they can ask for help from their special people. |
| Session 2**:** My Body, My Rules | Children will learn:   * That they are entitled to bodily privacy * That they can and should be open with ‘special people’ they trust if anything troubles them * That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest |
| Session 3: Feeling Poorly | Pupils will know that:   * Medicines should only be taken when a parent or doctor gives them to us. * Medicines are not sweets. * We should always try to look after our bodies, because God created them and gifted them to us. |
| Session 4: People Who Help Us | Pupils will know that:   * There are lots of people who do jobs to help us * That in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade * Paramedics help us in a medical emergency * First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance |
| **Module 3: Unit 1**  **Religious Understanding**  Session 1: God Is Love | Children will learn:   * That God is love: Father, Son and Holy Spirit * That being made in His image means being called to be loved and to love others |
| Session 2: Loving God, Loving Others | Children will learn:   * What a community is, and that God calls us to live in community with one another * A Scripture illustrating the importance of living in a community * No matter how small our offerings, they are valuable to God and He can use them for His glory. |
| **Module 3: Unit 2**  **Living in the Wider World**  Session 1: Me, You, Us | Children will learn:   * That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community * That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. * That we have a duty of care for others and for the world we live in (charity work, recycling, etc.) * About what harms and what improves the world in which they live |
| Session 2: When I Grow Up + Classroom Shorts | Children will learn:   * About some different types of jobs * That having a job can help us to look after each other and the world * That God has given us all strengths, gifts and talents to do His work * About strengths and interests needed to do different jobs |
| Session 3: Money Doesn’t Grow on Trees + Classroom Shorts | Children will learn:   * That money helps us buy things. * That wants and needs are different. * That God’s love and the love we share with others is freely given and our most important need. |