

## **PE and Sport Premium 2022-23**

### Rationale:

At St. Bede's we believe that Physical Education, Sport and Physical Activity (PESPA) has the power to be used as a vehicle to improve all aspects of school life. We strive to produce physically literate children, who have the knowledge, skills and motivation needed to keep active every day. In these challenging times, we recognise that children's physical and mental health need additional support.

St. Bede's provides an inclusive, engaging programme of high quality Physical Education, which is vital part of a child's holistic, personal development. Children will experience a wide range of carefully planned sporting activities. During learning, all children are encouraged to develop leadership skills through pairs, group or whole class settings. We aspire to ensure that children enjoy PE, which will then help us to raise participation levels both in and out of school and therefore in turn, promote healthy lifestyles.

We seek to deliver high quality PE and sports teaching in both curriculum and after school clubs. There will be the opportunity for all to compete, whether against themselves for personal best performances; or in a team sport through intra-school, inter-school and County competitions. We aim to establish that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.

PE and Sport experiences can develop the personal discipline and determination to succeed, the resilience to keep going and respond positively to adversity, the self-confidence to play with creativity, and leadership skills to communicate messages clearly and collaboratively in a team. These skills cannot simply be read and rehearsed.

As a school, we are committed to using the Sport Premium to develop and add to Physical Education, Sport and Physical Activity opportunities for our children. We intend to build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years. St. Bede's will raise the profile of the subject by celebrating each other's individual and team achievements, then using these as an inspiration for others.

Sports has the ability to provide the tools for success in all aspects of school life and therefore bring about whole school improvement. We passionately believe that sport can change lives.

# St. Bede's RC Primary PE & Sports Premium 2022/23

Academic Year : September 2022 – July 2023

Total number of primary aged pupils between the ages of 5-11 = 178

Total amount of Sport Premium Grant received = £17 780      Total amount Spent £ 12 744

Underspend Carried Over to 2023-24 - £5036

- *Key Indicators Focus:* Engagement of all pupils in regular physical activity- 60 minutes a day, of which 30 minutes should be in school, The profile of PE and sport being raised across the school as a tool for whole school improvement, Increased confidence, knowledge and skills of all staff in teaching PE & Sport, Broader experience of a range of sports and activities offered to pupils, Increased participation in competitive sport

Intent	Implementation		Impact	
Objective	Actions to Achieve	Funding Allocated	Outcome	Sustainability
<b>Engagement of all pupils in regular physical activity – 60 minutes a day, of which 30 minutes should be in school</b>	Develop activity breaks within the classroom by subscribing to Jump Start Jonny. Fantastic for 'energizers' and 'chillouts'.	£239	Children will be provided with the opportunity to stay active within the classroom during the school day. Jump Start Jonny 'energizers' will help children to be more alert and able to process new learning. Meanwhile, the 'chillouts' will promote calm and positive mental health where necessary.	Children will notice the positive impact of exercise on their body during learning and consequently take more responsibility in the future for their physical and mental health.

	Develop Infant & Junior Active Lunch/Play – Purchase a variety of new stimulating active play resources that will connect with different groups e.g FSM, SEND etc...	£2522	The infant and junior yard will contain a variety of new stimulating resources and activities. Begin to develop leaders and dinner ladies to support activities.	Lunchtime supervisors and Play Leaders will develop and encourage pupils to use skills taught. This will ensure that Infant children will continue with healthy, active lifestyles during lunch and break sessions.
	<ul style="list-style-type: none"> <li>Y1/2 &amp; Y3/4 Change4Life Summer Sport Clubs organised over a 2 week period</li> </ul>	£3651	Children experience a variety of fun, engaging sporting activities at a time when they might not have simple access to physical activity.	Good early experiences will provoke a lifelong interest in sport.

	<ul style="list-style-type: none"> <li>South Tyneside Sport Network membership</li> </ul>	<p><i>£2660 ( x1 payment for support with all 5 key indicators)</i></p>	<p>New Sports Leaders/ Lunchtime supervisor training able to provide different lunchtime activities for KS1 and KS2</p> <p>New ideas/resources of parent engagement with home to keep active</p> <p>Active Travel initiatives to be promoted</p> <p>Change4Life Clubs</p> <p>Development of short activity burst breaks</p>	<p>Better active play/lunch opportunities with better coaching available</p> <p>Healthier future families</p> <p>Engage the least active now and in the future</p>
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<b>The profile of PE and sport being raised across the school as a tool for whole school improvement</b>	Introduce Regular Sport Assemblies to celebrate both participation, effort and success. Purchase medals/trophies to award.	£260	Children feel extra proud of their achievements of becoming Cross Country Champions, hockey winners, completion of sport & well-being club, skipping awards.	School Community celebrate effort & achievement & inspire the current and next generation.
	Organise for Newcastle Eagles players to visit St. Bede's with their Healthy Living Roadshow message.	£250	Professional sportsmen and sportswomen have delivered eloquent healthy lifestyle messages that have inspired our children to live them out. The immediate uptake in basketball both within school and community link clubs rose sharply.	Children who have attended lessons/ assemblies have their future sporting aspirations raised alongside their self-belief. They are encouraged to dream and be ambitious.
	<ul style="list-style-type: none"> <li>South Tyneside Sport Network membership</li> </ul>	£2660 ( x1 payment for support with all 5 key indicators)	<p>Whole school come together for festivals days including Hoopstarz and All Stars Cricket.</p> <p>School Games Values Certificates are produced.</p> <p>Children &amp; parents can read about and view images of their child's sporting endeavours on school &amp; the Sport Network social media.</p>	<p>Further opportunities given towards local clubs e.g. South Shields CC.</p> <p>Sporting Values are encouraged and presented for younger children.</p> <p>Tool to inspire current and future children.</p>

<b>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</b>	Complete PE Annual Subscription with CPD tutorials	£105	Staff watch tutorials & videos of the implementation of the activities with teaching points to support their delivery.	Staff deliver high quality sessions with confidence.
	<ul style="list-style-type: none"> <li>• South Tyneside Sport Network membership</li> <li>• Staff to attend a series of CPD courses and workshops to help them teach PE and sport more effectively</li> </ul>	<i>£2660 (x1 payment for support with the 5 key indicators)</i>	<p>All pupils to receive high quality physical education while children will personally develop physically, cognitively, socially and emotionally. More children will achieve age related expectations and beyond.</p> <p>Staff will have the ability to deliver a high quality curriculum and will continue to be upskilled before every lesson and through regular INSET training.</p> <p>Children continue to make good/excellent progress in PE by providing safe, adapted lessons.</p>	<p>Continued CPD will be provided in this evolving area as part of membership.</p> <p>Whole school will understand and support the key areas of development to further improve the subject.</p> <p>Teachers build up increased confidence, knowledge and skills to deliver improved PE lessons through training and working alongside PE specialists.</p>

<b>Broader experience of a range of sports and activities offered to all pupils.</b>	New Boccia equipment purchased suitable for SEND children	£572	SEND children are finding a way to keep active and enjoy sport.	Hard wearing kit will be used in future and to help prepare children for competitions which will be a great experience.
	New tennis equipment to be purchased suitable for Y3 and Y4 to extend tennis provision	£559	Excellent uptake of Y3 & Y4 children playing tennis.	Resources including a new net will be used in the future.
	To develop well being, sensory and nature zone by acquiring a variety of natural outdoor resources including planters, farmyard footprints, minibeast discs, wooden grab crates	£1086	Children from different groups will develop a love for being active, the outdoors and nature while moving about and enjoying activities in the open air.	This natural well being area will be looked after different groups of children and designated staff so it will continue to flourish and provide healthy activity, calm and happiness for future pupils.
	<ul style="list-style-type: none"> <li>Joined the South Tyneside Sport Network on a 2 year membership for the next 2 years (July 2022)</li> <li>Explore broader experiences for KS1 and KS2 children in a range of sports to encourage more uptake of sport</li> </ul>	£2660 ( x1 payment for support with all 5 key indicators)	More varied menu of sporting experiences both within and outside the curriculum	New sports will create additional pathways for the children with new community links.

<b>Increased participation in competitive Sport</b>	<ul style="list-style-type: none"> <li>Joined the South Tyneside Sport Network on a 2 year membership for the next 2 years (July 2022)</li> </ul>	£2660 ( x1 payment for support with all 5 key indicators)	Children will get the opportunity to take part in a comprehensive programme of participation and competitive physical activity opportunities for KS1 & KS2	The school will endeavour to provide consistent opportunities for competition in a wide variety of sports in KS1 and KS2
	<ul style="list-style-type: none"> <li>Enter the Newcastle Eagles District Basketball Competition (2022-23)</li> </ul>	£250	Provide a mass participation opportunity for 4 teams to take part in the District competition. This is also an opportunity to compete at County level for the winners which we achieved.	Inspire future basketballers by showing dedication to train and conduct themselves well around the school. Display photographs of tournament.
	<ul style="list-style-type: none"> <li>Transport Contributions to District &amp; County Finals when shortfall</li> </ul>	£590	Children from all social backgrounds were able to take part in District & County Finals in a moment where transport was incredibly expensive	Children maintain motivated on their sporting journeys and have enjoyed experiences in major events that will increase their confidence.



## **Swimming**

At St. Bede's children learn to swim in Y3 and Y4, while they return to the pool in Y6.

Meeting national requirements for swimming and water safety	87%
Percentage of current Y6 pupils who could swim 25m <b>in Y4</b>	40%
Percentage of current Y6 pupils who could swim 25m at the <b>end of Y6</b>	87%
Percentage of Y6 cohort that use a range of strokes effectively (front crawl, backstroke and breaststroke)	87%
Percentage of Y6 cohort that can perform safe self-rescue in different water-based situations	87%
Additional provision for swimming? (over and above the national curriculum requirements)	No

### **Signed:**

Head Teacher : C. Devine

Date : 18/7/23

Subject Leader : B. McVittie

Date : 18/7/23

Governor: C. Elwood

Date : 18/7/23