

Whole School Physical and Personal Development PE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Ball Skills Hands 1	Ball Skills Hands 2	Gymnastics High Low, Over, under	Gymnastics Body Parts	Ball Skills Feet	Games for Understanding
	<p>(P) Can pupils roll and bounce the ball with control?</p> <p>(C) Do pupils understand the meaning of the word control?</p> <p>(S) Can pupils follow instructions and rules of the game</p> <p>(W) Do pupils stop and pass if they enter a marked area?</p>	<p>(P) Can pupils throw a beanbag with control?</p> <p>(C) Do pupils understand the meaning of, 'control'?</p> <p>(S) Can pupil follow the rules of the game?</p> <p>(W) Can pupils keep the score?</p>	<p>(P) Can pupils make their movement champion?</p> <p>(C) Are pupils creative on the apparatus, moving over, under, through, along, across etc?</p> <p>(S) Can pupils collaborate with other pupils by working around each other and taking turns, 'sharing'?</p> <p>(W) Can pupils travel with confidence over, under and through equipment?</p>	<p>(P) Can pupils apply their movement ideas on the apparatus moving in high, low, big and small ways?</p> <p>(C) Do pupils understand what a champion is?</p> <p>(S) Can pupils collaborate with others by moving around each other and 'sharing'?</p> <p>(W) Can pupils travel with confidence over, under and through equipment</p>	<p>(P) Can pupils move the ball with control?</p> <p>(C) Do pupils understand the meaning of, 'control'?</p> <p>(S) Do pupils understand and follow the rules of a game?</p> <p>(W) Can pupils keep the score?</p>	<p>(P) Can pupils move out of the space avoiding being tagged by the sharks?</p> <p>(C) Do pupils understand the consequence of breaking the rules of a game?</p> <p>(S) Can pupils play fairly in their teams?</p> <p>(W) Can pupils travel with confidence?</p>
FS	Locomotion Walking	Locomotion Jumping	Dance Ourselves	Dance Nursery Rhymes	Dance Dinosaurs	Wellbeing
	<p>(P) Do pupils walk with their heads focused straight ahead looking where they are going?</p> <p>(C) Can pupils travel with confidence?</p> <p>(S) Are pupils able to follow the rules of games</p> <p>(W) Can pupils travel with confidence?</p>	<p>(P) Can pupils adjust their speed and change direction to avoid other pupils and the markers?</p> <p>(C) Can pupils travel with confidence?</p> <p>(S) Can pupils follow the rules of games?</p> <p>(W) Can pupils travel with confidence?</p>	<p>(P) Can pupils make their movements big?</p> <p>(C) Do pupils know what a champion is?</p> <p>(S) Can pupils work in pairs?</p> <p>(W) Can pupils travel with confidence?</p>	<p>(P) Can pupils move like champions?</p> <p>(C) Do pupils understand what a champion is?</p> <p>(S) Are pupils able to make up a short sequence in pairs?</p> <p>(W) Can pupils travel with confidence?</p>	<p>(P) Can pupils move their bodies with big actions?</p> <p>(C) Can pupils experiment with moving in different ways?</p> <p>(S) Can pupils listen to others' ideas</p> <p>(W) Can pupils travel with confidence?</p>	<p>(P) Can pupil move showing good coordination and agility?</p> <p>(C) Do pupils understand why it is important to be healthy?</p> <p>(S) Can pupils collaborate and take turns?</p> <p>(W) Can pupils count their own score?</p>

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Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Ball Skills Hands 1	Ball Skills Hands 2	Gymnastics Wide, Narrow and Curled	Ball Skills Feet	Rackets, Bats and Balls	Team Building
	<p>(P) Can pupils pass a ball towards a target using their hands?</p> <p>(C) Do pupils concentrate on the ball?</p> <p>(S) Can pupils take turns to be the defender when playing games?</p> <p>(W) Do pupils always stop and pass if they are tagged?</p>	<p>(P) Can pupils roll a ball towards a target using their Physical?</p> <p>(C) Do pupils understand the meaning of, 'aiming'?</p> <p>(S) Can pupils keep the score honestly?</p> <p>(W) Can pupils keep the score?</p>	<p>(P) Can pupils make their movements and shapes 'champion'?</p> <p>(C) Do pupils understand what being a champion is?</p> <p>(S) Are pupils safe on the apparatus collaborating and sharing?</p> <p>(W) Can pupils be brave and try their own ideas for combining two themes?</p>	<p>(P) Can pupils move the ball using the insides and outsides of their feet?</p> <p>(C) Do pupils understand why we do not use our hands to stop the ball?</p> <p>(S) Can pupils count their own score or team score honestly?</p> <p>(W) Can pupils count their own score?</p>	<p>(P) Can pupils push (dribble) a ball with a racket with increasing control?</p> <p>(C) Can pupils use their rackets safely?</p> <p>(S) Can pupils share their equipment?</p> <p>(W) Can pupils challenge themselves to keep the ball as close to them as possible?</p>	<p>(P) Can pupils work together to be successful?</p> <p>(C) Do pupils understand why we need to work together to be successful?</p> <p>(S) Can pupils help each other?</p> <p>(W) Can pupils try there hardest?</p>
	Locomotion Running	Locomotion Jumping	Dance The Zoo	Gymnastics Body Parts	Wellbeing	Games For Understanding
	<p>(P) Can pupils apply the correct technique (feet, arms and Head) when running)</p> <p>(C) Do pupils understand the consequence in a game of moving to close to the mud monsters (defenders)?</p> <p>(S) Can pupils play fairly in their teams?</p> <p>(W) Are pupils stopping when they are tagged?</p>	<p>(P) Can pupils use the correct technique (arms, Cognitive and knees)</p> <p>(C) Do pupils understand why we may need to jump quickly in a game?</p> <p>(S) Can pupils support others when there is a competitive element?</p> <p>(W) Do pupils freeze and stop when they are caught?</p>	<p>(P) Can pupils move like champion dancers?</p> <p>(C) Do pupils understand what a champion dancer is?</p> <p>(S) Can pupils move in relation to each other?</p> <p>(W) Can pupils be brave and think of their own ways of moving?</p>	<p>(P) Can pupils move using different body parts?</p> <p>(C) Do pupils understand what the 'big' and 'small' parts of their bodies are?</p> <p>(S) Can pupils take turn on apparatus</p> <p>(W) Are pupils able to make the decision themselves as to which way they will move and then change as they progress through the apparatus?</p>	<p>(P) Can pupil move showing good coordination and agility?</p> <p>(C) Do pupils understand why it is important to be healthy?</p> <p>(S) Can pupils collaborate and take turns?</p> <p>(W) Can pupils count their own score?</p>	<p>(P) Are pupils able to change direction (dodge) and catch an attacker?</p> <p>(C) Do pupils understand the consequence in a game of not tagging an attacker or being tagged by a defender?</p> <p>(S) Can pupils collaborate and take turns?</p> <p>(W) Are pupils stopping when they are tagged?</p>

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Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Ball Skills Hands 1	Ball Skills Hands 2	Gymnastics Linking	Ball Skills Feet	Rackets, Bats and Balls	Team Building
	<p>(P) Can pupils dribble (bounce) the ball with control?</p> <p>(C) Do pupils understand the consequence in a game of moving the ball close to the defenders?</p> <p>(S) Can pupils take turns to be the defender when playing games?</p> <p>(W) Can pupils keep the score?</p>	<p>(P) Can pupils throw the ball with control?</p> <p>(C) Do pupils understand where to throw (hit) the ball?</p> <p>(S) Can pupils take turns in different roles? (Batting, bowling etc.)</p> <p>(W) Can pupils count their own score?</p>	<p>(P) When pupils make a shape or movement is it a, 'champion'?</p> <p>(C) Do pupils understand what linking is and how we link?</p> <p>(S) Can pupils suggest ways to improve another pupils' work?</p> <p>(W) Can pupils be brave and think of their own ideas for moving?</p>	<p>(P) Can pupils pass a ball towards a target using their feet?</p> <p>(C) Do pupils understand the consequence in a game of moving the ball close to the defenders?</p> <p>(S) Can pupils work together in pairs?</p> <p>(W) Do pupils swap roles if the defender gains possession of the ball?</p>	<p>(P) Can pupils strike their ball toward space?</p> <p>(C) Do pupils understand why they should strike into a space?</p> <p>(S) Can pupils play by the rules in their groups?</p> <p>(W) Can pupils continue to try their best even when they find it challenging?</p>	<p>(P) Can pupils work together to be successful?</p> <p>(C) Do pupils understand why we need to work together to be successful?</p> <p>(S) Can pupils help each other?</p> <p>(W) Can pupils try there hardest?</p>
	Locomotion: Dodging	Locomotion Jumping	Dance Water	Gymnastics Pathways	Wellbeing	Games For Understanding
	<p>(P) Can pupils dodge with effective technique?</p> <p>(C) Do pupils understand the consequence in a game of not moving way from the balls being rolled?</p> <p>(S) Can pupils work against other teams collaboratively?</p> <p>(W) Can pupils score points by dodging the balls?</p>	<p>(P) Can pupils use the correct technique (arms, Cognitive and knees)</p> <p>(C) Do pupils understand why we may need to jump as far as possible?</p> <p>(S) Can pupils support others when there is a competitive element?</p> <p>(W) Can pupils count their own score?</p>	<p>(P) Can pupils make big, clear actions?</p> <p>(C) Can pupils listen to the music and respond?</p> <p>(S) Can pupils perform the movement sequence in a pair?</p> <p>(W) Can pupils be brave and perform in front of others?</p>	<p>(P) Can pupils ensure their movements are 'Champion' movements?</p> <p>(C) Do pupils understand what a champion is?</p> <p>(S) Can pupils give purposeful feedback when they peer assess?</p> <p>(W) Are pupils confident on the apparatus?</p>	<p>(P) Can pupil move showing good agility?</p> <p>(C) Do pupils understand why it is important to be healthy?</p> <p>(S) Can pupils collaborate and take turns?</p> <p>(W) Can pupils count their own score?</p>	<p>(P) Do pupils (defenders) understand the consequence in a game of not tagging an attacker?</p> <p>(C) Do pupils understand the difference between attack and defence?</p> <p>(S) Can pupils work against other teams collaboratively?</p> <p>(W) Can pupils collaborate and apply the rules of the game?</p>

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Invasion Basketball	Invasion Tag Rugby	Gymnastics Symmetry and Asymmetry	Swimming	Net / Wall Tennis	Athletics
	<p>(P) Can pupils apply an understanding of passing, moving and dribbling to score points against another team?</p> <p>(C) Can pupils pass to a team member in who is in a space?</p> <p>(S) Can pupils collaborate and apply the rules of the game?</p> <p>(W) Do pupils consistently try their best during a game?</p>	<p>(P) Are pupils able to pass the ball (backwards only) whilst moving forwards to score a try?</p> <p>(C) Do pupils understand when, where and why they need to tag?</p> <p>(S) Can pupils collaborate as a team?</p> <p>(W) Do pupils enjoy playing competitive games?</p>	<p>(P) Can pupils make balances excellent</p> <p>(C) Do pupils understand why certain movements and balances are excellent?</p> <p>(S) Do pupils respect all pairs as they perform?</p> <p>(W) Can pupils adopt the role of a judge to ensure that the competition is run fairly?</p>	<p>(P) Can children begin to use a range of strokes?</p> <p>(C) Do pupils understand why water safety is important?</p> <p>(S) Do pupils give their friends space in the pool to practice safely?</p> <p>(W) Do pupils show persistence with each stroke in the pool?</p>	<p>(P) Can pupils win a point?</p> <p>(C) Do pupils understand where we play the ball and why</p> <p>(S) Can pupils collaborate with each other and keep score?</p> <p>(W) Can pupils keep the score in their matches in order to take part in the tournament?</p>	<p>(P) Can pupils make their bodies run as fast as possible, throw for distance and execute a standing long jump?</p> <p>(C) Do pupils understand that with the right technique they can run, jump and throw further?</p> <p>(S) Can pupils help others with ideas to improve technique?</p> <p>(W) Are pupils able to think of their own techniques to explore?</p>
	Athletics Running	Invasion Hockey	Dance Wild Animals	Invasion Football	Swimming	Striking & Fielding Cricket
	<p>(P) Can pupils make their bodies run as fast as possible?</p> <p>(C) Do pupils understand how to run faster?</p> <p>(S) Can pupils collaborate and run in a team?</p> <p>(W) Can pupils organise their team?</p>	<p>(P) Can pupils apply an understanding of passing, receiving, moving and dribbling to score points against another team?</p> <p>(C) Do pupils demonstrate cognitively that they understand where they dribble and pass the ball and why?</p> <p>(S) Can pupils collaborate and work together in their teams?</p> <p>(W) Do pupils enjoy playing competitive games?</p>	<p>(P) Can pupils move with expression?</p> <p>(C) Is there evidence of creativity?</p> <p>(S) Can pupils choreograph the entire piece including the end moves as part of a group?</p> <p>(W) Are pupils respectful when giving and receiving feedback?</p>	<p>(P) Can pupils apply an understanding of passing moving and dribbling to score points against another team?</p> <p>(C) Can pupils outwit their components and keep possession of the ball?</p> <p>(S) Can pupils collaborate and work together in their teams?</p> <p>(W) Do pupils enjoy playing competitive games?</p>	<p>(P) Can pupils begin to use a range of strokes more confidently?</p> <p>(C) Do pupils make good decisions in the pool regarding water safety?</p> <p>(S) Do pupils encourage their peers?</p> <p>(W) Do pupils enjoy attempting new strokes?</p>	<p>(P) Can pupils return the ball to a target?</p> <p>(C) Can pupils outwit their opponents when batting?</p> <p>(S) Can pupils organise themselves as a team fairly when batting or fielding?</p> <p>(W) Do pupils enjoy batting and/or fielding?</p>

Whole School Physical and Personal Development PE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Basketball	Invasion Hockey	Gymnastics Bridges	Invasion Tag Rugby	Net / Wall Tennis	Athletics
Year 4	<p>(P) Can pupils apply an understanding of passing, moving and dribbling to score points against another team?</p> <p>(C) Do pupils understand the difference between attack and defense?</p> <p>(S) Can pupils collaborate and apply the rules of the game?</p> <p>(W) Do pupils respect the rules?</p>	<p>(P) Can pupils apply an understanding of passing, receiving, moving and dribbling to score points against another team?</p> <p>(C) Do pupils demonstrate cognitively that they understand where they dribble and pass the ball and why?</p> <p>(S) Can pupils work against other teams collaboratively?</p> <p>(W) Do pupils consistently try their best during a game?</p>	<p>(P) Is there evidence of interesting gymnastics?</p> <p>(C) Do pupils understand why certain movements and balances are excellent?</p> <p>(S) Are pupils collaborating effectively with their partners?</p> <p>(W) Do pupils enjoy performing their routines?</p>	<p>(P) Can the attacker with the ball keep in front of their team members when running with the ball?</p> <p>(C) Can pupils be tagged to gain a free pass as opposed to losing possession of the ball?</p> <p>(S) Can pupils collaborate as a team?</p> <p>(W) Do pupil enjoy playing competitive games?</p>	<p>(P) Are pupils able to make contact with the ball after one bounce?</p> <p>(C) Do pupils understand why we have to control the ball?</p> <p>(S) Can pupils collaborate with each other and keep score?</p> <p>(W) Can pupils continue to develop their technique even if they do not find success immediately?</p>	<p>(P) Can pupils make their bodies run as fast as possible, throw for distance and execute a standing long jump?</p> <p>(C) Do pupils understand that with the right technique they can run, jump and throw further?</p> <p>(S) Can pupils help others with running, throwing and jumping technique?</p> <p>(W) Are pupils able to think of their own techniques to explore?</p>
	Swimming	Swimming	Swimming	Dance The Greeks	Invasion Football	Striking and Fielding Cricket
	<p>(P) Can pupils use a range of strokes confidently over 5m?</p> <p>(C) Do pupils make good decisions in the pool regarding water safety?</p> <p>(S) Do pupils support each other when they find it difficult?</p> <p>(W) Do pupils enjoy putting their head in the water?</p>	<p>(P) Can pupils use a range of strokes confidently over 5-10m?</p> <p>(C) Do pupils know when to take a deep breath?</p> <p>(S) Do pupils support each other when they find it difficult?</p> <p>(W) Do pupils enjoy trying back stroke?</p>	<p>(P) Can pupils use a range of strokes confidently over 10-20m?</p> <p>(C) Do pupils know how to perform safe self-rescue?</p> <p>(S) Do pupils support each other with ideas for next steps to make progress?</p> <p>(W) Do pupils enjoy trying to swim further distances?</p>	<p>(P) Are pupils able to add on clear, bold, start and finish positions?</p> <p>(C) Can pupils move convincingly as an Olympian and stay in character?</p> <p>(S) Can pupils perform as part of a big group?</p> <p>(W) Can pupils keep trying even when they make a mistake?</p>	<p>(P) Can pupils apply an understanding of passing moving and dribbling to score points against another team?</p> <p>(C) Can pupils explain the difference between attack and defense?</p> <p>(S) Can pupils collaborate and apply the rules of the game?</p> <p>(W) Do pupils organise their team?</p>	<p>(P) Can pupils strike the ball with intent?</p> <p>(C) Can pupils outwit their opponents when batting?</p> <p>(S) Can pupils organise themselves as a team fairly when batting or fielding?</p> <p>(W) Can pupils keep trying their hardest even when learning new skills?</p>

Whole School Physical and Personal Development PE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Invasion Basketball	Invasion Tag Rugby	Gymnastics Counter balance and counter tension	Invasion Football	Net / Wall Tennis	Outdoor Adventure Activities Orienteering
	<p>(P) Can pupils apply a refined understanding of passing, moving and dribbling to score points against another team?</p> <p>(C) Do pupils understand the difference roles of an attacker and defender and apply their role effectively in the game.</p> <p>(S) Can pupils officiate the game.</p> <p>(W) Can pupils manage the games themselves?</p>	<p>(P) Do pupils reduce the space applying pressure to the attackers when they are defending?</p> <p>(C) Can pupils follow more complex rules?</p> <p>(S) Can the defenders work as a team to prevent the attackers from scoring a try?</p> <p>(W) When refereeing, can pupils implement the rules fairly?</p>	<p>(P) Is there evidence of fluidity in pupils' performances?</p> <p>(C) Can pupils consider using cannon or unison?</p> <p>(S) Are pupils able to complete the assessment sheets accurately?</p> <p>(W) Can pupils managed their emotions when performing their routine?</p>	<p>(P) Do pupils switch fluidly between attacking and defending as possession changes?</p> <p>(C) Can pupils evaluate and improve their tactics?</p> <p>(S) Can pupils enforce the rules even when they are the referee?</p> <p>(W) Do pupils respect the rues?</p>	<p>(P) Can pupils hit the ball over the net and land the ball 'in' on the other side of the court consistently?</p> <p>(C) Do pupils understand why we have to control the ball using a volley?</p> <p>(S) Can pupils collaborate with their 'doubles' partner?</p> <p>(W) Can pupils strive to win matches by consistently trying there hardest?</p>	<p>(P) Can pupils locate points as a pair and return quickly?</p> <p>(C) Can pupils identify aspects on the map to help them use the map to navigate?</p> <p>(S) Can pupils explain how they feel when working as part of a team?</p> <p>(W) Do pupils keep trying there hardest even if they are not successful?</p>
	Athletics Running	Invasion Hockey	Dance The Circus	Invasion Dodgeball	Striking & Fielding Cricket	Outdoor Adventure Activities Orienteering
	<p>(P) Can pupils run for speed and distance with their head up and focus forwards?</p> <p>(C) Do pupils understand the term pace and sprint?</p> <p>(S) Can pupils collaborate as a team and organize their race tactics.</p> <p>(W) Can pupils organise their team?</p>	<p>(P) Can pupils outwit their opponents and keep possession of the ball applying effective decision-making?</p> <p>(C) Do pupils understand their role and apply this role effectively within the game?</p> <p>(S) Can pupils collaborate and work together in their teams?</p> <p>(W) Can pupils encourage others even when they make a mistake?</p>	<p>(P) Are pupils performing in character with exaggerated movements?</p> <p>(C) Do pupils understand what an excellent dancer is?</p> <p>(S) Do pupils give clear feedback to others?</p> <p>(W) Do pupils respect others when they are performing?</p>	<p>(P) Can pupils consistently throw accurately to hit a target?</p> <p>(C) Do pupils understand the consequences if our opponent catches the ball?</p> <p>(S) Can pupils suggest ways for their team to improve?</p> <p>(W) Do pupils continue to try and improve their own performance?</p>	<p>(P) Can pupils bowl accurately and consistently?</p> <p>(C) Can pupils vary the way they bowl depending on who is batting?</p> <p>(S) Can pupils umpire the games fairly?</p> <p>(W) Can pupils keep a score of the game</p>	<p>(P) Working within a team can pupils locate and find points?</p> <p>(C) Can pupils identify aspects on the map to help them use the map to navigate?</p> <p>(S) Can pupils cooperate with partner?</p> <p>(W) Can pupils explain how they feel when working as part of a team?</p>

Whole School Physical and Personal Development PE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Invasion Basketball	Invasion Tag Rugby	Gymnastics Matching and Mirroring	Invasion Football	Striking & Fielding Cricket	Athletics
Year 6	<p>(P) Do pupils switch fluidly between attacking and defending as possession changes?</p> <p>(C) Do pupils understand the different roles of an attacker and defender and apply these roles effectively within the game?</p> <p>(S) Can pupils manage the games themselves?</p> <p>(W) Do pupils respect the rules?</p>	<p>(P) Can pupils apply a refined understanding of passing, moving and creating space to score a try against another team?</p> <p>(C) Do pupils demonstrate a secure knowledge of the rules?</p> <p>(S) Can pupils officiate the games?</p> <p>(W) Can pupils take on the role of team captain, leading and organising their team?</p>	<p>(P) Can pupils create a pair matching and mirroring sequence on apparatus?</p> <p>(C) Do pupils understand the difference between matching and mirroring?</p> <p>(S) Are pupils collaborating effectively with their partners?</p> <p>(W) Can pupils manage their emotions when performing their routines?</p>	<p>(P) Can pupils apply a refined understanding of passing, dribbling and moving to score goals against another team?</p> <p>(C) Can pupils plan and produce an attack and create a shooting opportunity?</p> <p>(S) Can pupils manage the game themselves?</p> <p>(W) Do pupils respect the rules?</p>	<p>(P) Can pupils hit the ball on both sides of their bodies into space away from fielders?</p> <p>(C) Do pupils change the way they are batting, depending on the game situation?</p> <p>(S) Can pupils umpire the games fairly?</p> <p>(W) Can pupils confidently score and umpire a game of pairs/mini-cricket game?</p>	<p>(P) Can pupils show the correct techniques for the running and field events?</p> <p>(C) Are pupils able to identify who should compete in an event and explain why?</p> <p>(S) Are pupils able to evaluate their peers and make suggestions that will improve their partners performance?</p> <p>(W) Can pupils remain positive even if they are not winning competitions?</p>
	Athletics Running	Invasion Hockey	Dance Carnival	Invasion Dodgeball	Swimming	Outdoor Adventure Activities Orienteering
	<p>(P) Can pupils keep their pace even when other pupils are sprinting off?</p> <p>(C) Can pupils adapt their own tactics in order to improve their performance?</p> <p>(S&W) Can pupils advise their partners as they are running and give them feedback on their pace?</p>	<p>(P) Can pupils apply a refined understanding of passing, dribbling and moving to score points against another team?</p> <p>(C) Can pupils plan and produce an attack and create a successful shooting opportunity?</p> <p>(S) Can pupils manage the game themselves?</p> <p>(W) Do pupils respect the rules?</p>	<p>(P) Can pupils perform with high energy?</p> <p>(C) Do pupils know what makes an excellent dancer?</p> <p>(S) Can pupils make improvements to other pupils' work?</p> <p>(W) Can pupils work hard to keep improving their performance?</p>	<p>(P) Can pupils vary the way they throw depending on where their opponent is standing?</p> <p>(C) Do pupils understand why it is better to throw from the front of the court and then retreat back?</p> <p>(S) Can pupils suggest ways for their team to improve?</p> <p>(W) Do pupils continue to try and improve their own performance?</p>	<p>(P) Can pupils swim competitively in a race?</p> <p>(C) Can pupils select their strongest stroke to use?</p> <p>(S) As a team can pupils select the best strokes to use and best positions for everyone to race in?</p> <p>(W) Do pupils show encouragement and respect to their teammates?</p>	<p>(P) Can pupils locate points as a pair and return quickly?</p> <p>(C) Do pupils plan a route correctly?</p> <p>(S) Are pupils able to help their partner or another pair who find the task challenging?</p> <p>(W) Do pupils keep trying there hardest even if they are not successful?</p>