

Module 1: Unit 1 – Religious Understanding	
Story Sessions: Get Up!	The children will learn that they are created by God out of love and for love.
Session 2: The Sacraments	Children will understand that through prayer, the Sacraments and our friendships and relationships with others, we can have a foretaste of heaven.
Module 2: Unit 1: Religious Understanding	
Story Sessions: Jesus, My Friend	The children will learn about different types of sin, and the importance of forgiveness in relationships.
Module 2: Unit 2: Personal Relationships	
Session 1: Friends, Family and Others	This session will help children to identify more complex relationships in their lives. Children will discuss what it means to be a good friend and learn some strategies to use when relationships become difficult.
Session 2: When Things Feel Bad	In this session, children will learn how to recognise bullying and abuse (including physical bullying and emotional bullying online).
Module 2: Unit 3: Keeping Safe	
Session 1: Sharing Online	This session introduces the digital world as one that children need to take steps to stay safe in, just like the real world.
Session 2: Chatting Online	This session focuses particularly on chatting and cyberbullying;
Session 3: Safe in My Body	Children will be introduced to the term 'abuse' and discuss different kinds of abuse, including sexual abuse, here referred to as 'abuse of private parts'.
Session 4: Drugs, Alcohol & Tobacco	In this session, pupils will learn some key information and facts about drugs, alcohol and tobacco.
Session 5: First Aid Heroes	In this session, pupils will learn how First Aid, quick reactions and staying calm during an emergency can make the difference between life and death.
Module 3: Unit 1: Religious Understanding	
Session 1: A Community of Love	The children will be encouraged to think about what the Holy Trinity means for them and their communities.
Session 2: What is the Church?	In this session, children will learn about the wider Church and its mission to reflect the Holy Trinity through love for others.
Module 3: Unit 2: Living in the Wider World	
Session 1: How Do I Love Others?	This session explores how we can put love into action in the communities we live in.